



First Tuesdays May through October

SENIORS IN THE PARK

Natalie Taul with Grayson County Extension is partnering with Leitchfield Parks & Rec to bring this new program to the community. It is geared towards senior citizens, but anyone is welcome!

TIPS FOR MANAGING STRESS EATING & ZUMBA GOLD WITH MELONIE DENNISON



October 3, 2023 | 9:30 AM CT
James Beville City Park Pavilion
810 Nature Trail, Leitchfield

Registration is requested, but not required.
Use the QR code or call the Extension Office to register.
(270) 259-3492

