

IMPORTANT!!

**Camp Information
Enclosed.**

**PLEASE read all of the
front white sheets
before filling out the
forms.**



Grayson County Extension Service
64 Quarry Rd
Leitchfield, KY 42754
(270)259-3492
Fax: (270)259-0291

Date: 2024
To: 4-H Campers and Parent(s)
From: Kindra Ewing Jones
County Extension Agent for 4-H Youth Development

We have received your application for camp, so you are all set to start packing for 4-H camp.

**The following information is very important,
please read over it carefully.**

Grayson County 4-Her's will attend camp at the Western Kentucky 4-H Camp in Dawson Springs,
July 22 – July 25, 2024.

Grayson County will camp with Breckinridge, Metcalfe, and Logan Counties this year.

**If you decide not to attend 4-H camp, please call 259-3492 immediately!!!
(All Forms and Fees are due – June 21!) Sorry there will be no refunds after FRIDAY, July 5.**

Please read the following information carefully and return the enclosed forms to the Grayson County Extension Office by FRIDAY, JUNE 21. Campers will not be allowed on the bus without all forms returned and all fees paid! (All campers will be head checked prior to loading the bus on Monday morning – camp has a “no-nit” policy- **DO NOT load luggage until check-in is complete**).

ORDER of INFORMATION:

Please keep this packet for your information and use...

- Arrival/Departure- Check In & Check Out Process
 - Form Information
 - Camp Classes
 - Spending Money
 - What to Pack
 - What NOT to Pack
- Contacting your Camper
 - Final things
- Camper Orientation

ARRIVAL AND DEPARTURE

We will be traveling by bus to camp on Monday, July 22, and returning to the Extension Office on Thursday, July 25.

CHECK IN PROCESS:

- *Grayson County Extension Office, 64 Quarry Rd, Leitchfield KY*
Park in the front parking lot; NOT in the front row. We want to keep that clear for the buses and luggage trailer.
- DO NOT load luggage until you have been checked in and head checked!
- Come in through the front entrance door and enter Meeting Room C- check with camper; turn in ALL medications; get in line for head check; get bag and water bottle; head out to load luggage. Meet your camper friends and say good-byes!
- **The bus will leave at 9:00 a.m. CST for camp.**

CHECK OUT PROCESS:

On Thursday, July 25, we will depart 4-H camp at approximately NOON and return to the Extension Office between 1:30 and 2:00 p.m. *If arrival time is expected earlier, we will send out a call!*

- *PLEASE park in the FRONT parking lot, NOT in the front row, again keeping it clear for buses and luggage trailer.*
- We know it is exciting when your camper returns, but PLEASE do not crowd the bus doors or try to derail your camper from the path to the office meeting room. It is VERY important that all campers get inside and follow the correct check out process...
- Campers will be brought from the buses into Meeting Rooms B & C; there will be a table set up in the lobby outside of the doors to Room B. PICK UP PERSONS: ENTER FRONT DOORS; there you MUST be on the authorized list of persons to pick up AND MUST have a VALID Driver's license or other form of I.D. to check them out.
- **Your child MUST be checked out before they can leave the Extension Office!** This is to ensure the safety of all campers, so please bear with us. After completing check-out and gathering your camper(s), you may then go to the luggage trailer and retrieve your camper's items. Any item(s) left after all have departed will be held on to for ONE week after returning from camp.

FORM INFORMATION:

REGISTRATION/HEALTH FORM- WHITE FORMS

Each parent **MUST** complete the University of Kentucky Health History (1st 3 pages of the white form) A physical IS NOT required anymore, nor the immunization records.

Insurance information and a copy of the current health insurance card or Passport **MUST** be attached to the registration form. If no insurance is available on the camper, please check the box at the top of the third page.

CAMPER PHOTO- NEW this year; our county will add a head shot photo of the camper to the Health Forms; we would like to get this prior to departure day, you can add it or we can take one here; a photo also has to be included in the medicine bags.

AUTHORIZATIONS/RELEASES- please read through everything on the second white piece of paper- many of these boxes eliminate forms from the past! These include: Consent to Treat, Media Release, Code of Conduct, Permission to Participate, Pick-Up Release, and Assumption of Risk and Release of Liability.

ESSENTIAL STANDARDS for CAMP PARTICIPANTS- read and sign.

WAIVER OF LIABILITY- IMMUNIZATIONS- this form needs to be signed and turned in with the health registration forms.

CAMP CODE OF CONDUCT- Each camper AND parent must read and sign the camp policy form

MEDICATION- GREEN FORM

All camper medication for the week must be turned in on day of departure at the medicine registration table. **Medicine MUST BE in original container** and place the medication in a Ziploc bag, properly labeled with name, medication title, time schedule, and dosage on medication form (GREEN FORM). **ONLY** send what the camper will need for dosage for the week, and **MUST** be in original containers. The camp EMT will administer the medicine at camp. This includes all prescription and non-prescription medicine! **A PHOTO OF THE CHILD IS REQUIRED TO PUT IN THE BAG OF MEDICINES; if you cannot provide a photo prior to camp, we can take one to put in.**

Camp will provide *Tylenol, Ibuprofen, and general OTC medications* for your child if needed as long as it is checked on the health form.

***If you do not have medications, you may disregard this form.*

PICK-UP/RELEASE

REMINDER! To keep your child safe please list **ONLY** the people allowed to pick-up your child from the groups return from camp or in the event of them being sick those who can pick them up from camp. **WHOEVER** picks your child up from the office/camp **WILL** be IDed; they **MUST** have a current photo ID available to show and **MUST** be on the release form. If they **ARE NOT**, your child **WILL NOT** be released to that person!! **NO** child will be released without an ID check. Please keep in mind that these could also be persons authorized to pick up a sick child from camp facilities; while parents want to be, and will be first point of contact, **PLEASE** put additional person(s) you authorize to pick up your child. *Please include someone in addition to the parent/guardian as an emergency contact; the parent/guardian will ALWAYS be our first point of contact, but you never know what could occur on your end and we need a reliable secondary contact.*

CAMP CLASSES

Classes will be selected on the first day of camp; campers will choose 4 classes that they will participate in each day. A class list will be available at camper orientation, or in the cabin on the first day of camp.

SPENDING MONEY

4-H'ers may bring extra money for Country Store, t-shirts, and other items. A roll of quarters is recommended due to the drink machines, which are open during the day. **Do not send large bills!** There will be three meals and a snack provided each day, which is included in the camp fee. Water will be available at all times. 4-H'ers can usually get by on \$15.00 to \$20.00 in extra spending money, but free snacks are available at snack time if desired. *The camp and 4-H program leaders will not be responsible for money lost or stolen.* It is your child's responsibility to handle their own money at camp. You can view the online store ahead of time to get an idea of pricing and souvenirs if desired, you can also order your items and have them shipped to your home.

Ordering from the 4-H Camp Store online- <http://www.4hcampstore.com/4h/shop/home>

WHAT TO PACK

Please keep luggage to a minimum – only bring what you can carry to the cabin on your own!

- Bedding – sheets, pillow, blanket or sleeping bag (beds are twin size bunks)
- Toiletries – towels, washcloths, soap, toothbrush, toothpaste, comb, deodorant, and other personal care items. (A daily shower is a MUST due to heat and bunk space.)
- Beach Towel and Swimsuit – (for daily swimming at the pool)
 - Appropriate swimwear is required, cabin leaders have final say so if any questionable attire... this goes for regular clothing as well.
 - A proper cover up must be worn to and from the pool over your swim suit! Boys must wear a t-shirt to and from the pool!
- Casual Clothing – T-shirts, shorts, jeans (at least one change of clothing per day.) (Please pack respectable clothing. No crop top shirts, low cut tops or short-shorts, since this is a co-ed camp.)
- At least 2 pairs of shoes – tennis shoes and other comfortable shoes such as flip-flops (for the shower and pool area ONLY). (Sandals tend to leave blisters after all day use, so please bring a change of shoes.) Please look ahead at the weather, if it looks like it may rain, a second pair of tennis shoes or even rain boots would be smart to pack.
- Light jacket or sweatshirt – In case of cool night weather. (We can only hope!)
- Rain jacket or poncho
- Plastic bag - For dirty or wet clothes.
- Sunscreen
- Insect repellent (mosquitoes and chiggers can be bad!)

If something is forgotten to be packed, don't fret! We will take care of the kids and make sure they have what they need!

It's a good idea for campers to make a list of everything he or she packs and take it along in the suitcase in case items get lost. Also, **put your name on all your items.** By the end of the week the "lost and found box" is usually full of unclaimed items.

A suggestion from a past parent, particularly for first time campers: put the clothes for each day in a large zip-lock bag, label with the day and what it is. Then they only have to pull out that one item at a time and the rest doesn't get dirty or mixed up; they can also put those dirty clothes back in that bag, seal up and keep the rest clean!

**** Packing snacks IS allowed, but please REFRAIN from packing any snacks that contain or may contain peanuts or nuts. We do have campers and leaders that have peanut/tree nut allergies and we want to ensure they have a safe and enjoyable time at camp without worrying about allergens. 4-H Camp IS a nut free camp, and we should do our best to adhere to that.**

WHAT NOT TO PACK

Some of these items are strictly prohibited – refer to your camp policy form for details. Any of these items found on a camper WILL BE CONFISCATED AND RETURNED TO THE PARENT UPON ARRIVAL HOME FROM CAMP

- *Cell Phones-**STRICTLY PROHIBITED!!!!** Phones will be taken away and not returned until arrival back in the county.*
- Knives
- T.V.
- Electronic Games
- Radios (your teen counselors will provide one in your cabin)
- Fireworks
- Firearms
- Shaving Cream (may only be packed for shaving purposes)
- Water Guns
- Balloons
- Expensive Jewelry (won't be confiscated...just not smart to bring)
- Weapons of any sort
- Fans (cabins are air conditioned now and your adult/teen counselors will provide these)
- Coolers (daily access to cold drinks is available)
- Air Conditioning Units
- Tobacco products

Disciplinary Procedure

Only the Grayson County Agent and Grayson County adult leaders can enforce disciplinary action. The Chain of Command for communication of dealing with disciplinary actions is as following: Teen leaders - Adult Counselor – County 4-H Agent. If the action is severe enough this agent will intervene immediately.

*Camper Rules and Expectations are to be followed at all times. The steps in dealing with inappropriate behavior are as following:

First Problem – warning of rules and expectations violation

Second Problem – loss of activities

Third Problem – Parent/Guardian will be contacted by this agent to pick up their camper immediately

Some violations will result in immediate departure of camp. Please read and understand The Campers Rules and Expectations.

EMERGENCY POLICIES AND CHANGE/EARLY RELEASE PLAN

In the event that we need to transport campers home early or there is a change in location for picking up camper, parent phone numbers are kept in a data base at the County Extension Office. A county staff person will notify our office personnel, which will then begin notifying camper's parents/guardians. The county staff will also have signs posted at the original location to direct parents to the new location in the event of a change in drop off for pick up. (The Grayson County Extension Office is the original drop off/pick up location for 4-H camp.) In the event of the need to evacuate the busses to and from camp, the school's bus evacuation drill procedure will be followed. The transportation director will be notified immediately. In the event that the HCP is unable to provide the medical attention that a camper requires due to accident, injury or sickness, a decision may be made by the HCP to send the camper to a medical facility off site. The 4-H agent will notify the parent(s) by phone if the camper is going off site or needs further medical attention.

CONTACTING YOUR CAMPER AT CAMP

Parents, please do not ask that your child call home while away. In-coming calls are also discouraged. Telephone calls generally contribute to increased homesickness. In case of an emergency, call (270) 797-8758. Ask to speak to Kindra Ewing Jones.

**Letters are encouraged, and campers love to get them! This year, PLEASE DO NOT mail to your child. Instead, prepare your cards/letters to give to Kindra before we leave. Seal them in envelopes with: campers first and last name and the day you would like it given to them and we will take them with us.

FINAL THINGS

If you still owe money for camp, either send a check, money order, or cash to the address listed at the top of this letter, or bring it by the Extension Office, 64 Quarry Rd, on or before **Friday, June 21**.

Checks should be made to: Grayson County Extension Office; memo: 4-H Camp

If you have any questions about 4-H Camp, please contact the Grayson County Extension Office at 259-3492 or send an e-mail to Kindra Ewing Jones at kindra.ewing@uky.edu.

I'm looking forward to an outstanding week at 4-H camp! See you soon!

Call the 4-H office at 259-3492 if you do not plan to attend 4-H camp!!!

CAMPER ORIENTATION

A camper orientation is scheduled for WEDNESDAY, JULY 10 at 5:00 at the Extension Office (64 Quarry Rd, Leitchfield). This is NOT required for camp attendance, but STRONGLY encouraged as it will give your campers a chance to meet their bunk mates, cabin leaders, and ask final questions! Please call and let us know if you will be attending, 259-3492. A reminder will be sent out to the campers and parents closer to day of orientation.

See you soon,



Kindra Ewing Jones
Grayson County Agent for 4-H Youth Development