



Natalie Taul, FCS Agent, Extension Homemaker Advisor Natalie.Taul@uky.edu (270) 259-3492

# **NEWS & NOTES - MARCH 2024**

### **Next Council Meeting**

Monday, May 13, 3PM @ Grayson Co Extension Office

### **Committee Members | VOLUNTEERS STILL NEEDED!**

The following committees have been filled. Thank you!!!

- Annual Day: Sara Bailey, Rose Booth, and Denise Barrett
- Scholarship: Melanie Gallagher, Cherie Seadler, and Teresa Buckles

Volunteers are still needed for 2 VERY important projects:

- Fair Committee: committee members will work together to plan and execute the family living and youth department at the GC fair in collaboration with FCS Agent
- Nominating Committee: committee members will recruit members to fill vacant leadership/officer positions on the board

To sign up for a committee:

- Email: Natalie.Taul@uky.edu
- Call: 270-259-3492
- Link: bit.ly/homemaker-committee-survey

### **Officer Nominations**

This year we will need nominations for 2 positions on the council; Secretary and President-Elect. Secretary will serve a 2 year term. President-Elect will serve a 1 year term in that position and will transition to the position of President the following year and will serve a 2 year term in that position. If interested, please complete the attached nomination form.

#### 24-25 Homemaker Lesson Ballot | VOTING OPEN!!

You should have received a copy of the 2024-2025 Homemaker lesson ballot. Please return to the Extension Office no later than April 5th. There are two ways to vote:

**Individually** | place an X beside lessons you would like to vote for and return the ballot to the Extension office.

As a Club | read through the ballot at your meeting and ask members to vote for their favorite lesson ideas. Write the number of votes in your club beside the lesson and return ballot to Extension Office.

If you vote with your club, do not return an individual ballot and vice versa, if you vote individually, do not vote with your club.

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development





# **HOMEMAKER NEWS & NOTES**

### - Continued

### **2024 State Meeting**

This year's KEHA State Meeting will take place May 7-9, 2024 at Sloan Convention Center and Holiday Inn University Plaza in Bowling Green. The theme is "Blazing the Way with KEHA." Fort Harrod Area will serve as the host area. Reserve your hotel room now in the KEHA group block! The group rate is \$126/night. Details are on the State Meeting webpage and in the KEHA Spring Newsletter.

### **State Meeting Volunteer Opportunity**

Lincoln Trail Area is responsible for Cultural Arts Check out. Volunteers are needed on May 8th, from 2:30-5:15 PM CT. If interested in volunteering, please let Natalie or Tracy know by April 17th.

### **State Meeting Cultural Arts Contest**

If you won a blue ribbon at the Area Cultural Arts Contest in October of 2023, please bring those items with tags and ribbons removed to the Extension Office on or before Wednesday, May 1st.

### **Monthly Volunteer Hours**

Please be sure to turn in your monthly volunteer hours to Shirley Thompson, County VP or Tracy Thacker, County President. We currently have 3,613 hours logged!

### **Club and Chairman Announcements**

International Report | As a follow-up to February International month, a huge thank you to each Homemaker who participated in the Community Donation Project of providing "Diapers for babies in Nicaragua". Mission workers are currently preparing flannel and packets of donated items for mothers of infants in needy areas of Nicaragua to be delivered in June.

Our county-wide collections are estimated to be flannel for over 15 dozen diapers, 900 #3 quilting safety pens, and 23 receiving blankets!

Your generosity is greatly appreciated. You Homemakers are terrific!

Additionally in observance of International Month, the Short Creek Homemakers welcomed guest speaker and Hardin County Homemaker, Ms. Pat Wilson who shared with us about her numerous travels and mission work to Brazil. Her presentation and displays of Brazilian village life along the Amazon was very interesting and informative.

The Homemakers enjoyed sampling a bit of Brazilian cuisine of the National dish called "Feijoada," Brazilian cheese bites, and a Brazilian dessert called "Pudin."

Approximately 27 Homemakers and 3 visitors attended the monthly Homemaker meeting on February 21 in addition to the international event. Many positive comments were expressed regarding our international activity.

Our most sincere appreciation is given to Ms. Pat Wilson for coming and sharing her international experiences with us.

-Teresa Buckles, International Chairman, Grayson County Homemakers







# **HOMEMAKER NEWS & NOTES**

# - Continued

**Environment, Housing, and Energy** | We will be collecting pet beds for the animal shelter for the month of April. Pet beds must be assembled, we will not be collecting materials for the pet beds. Pet beds should be **24x18in, already assembled**.

-Jenny London, County Chair for Environment, Housing, and Energy

**Family and Individual Development** | Thank you to Denise Barrett for stepping up and leading the Self Care lesson for the month of March. She did a wonderful job and we had a great turnout!









### **Bottle Cap Collection Ending**

We have had huge success in collecting bottle caps for the DAR Buddy Bench Project. It has been a great way to partner with another organization in the community. However, our source is out of storage room! So effective immediately, we will no longer be accepting bottle caps at the Extension Office.

#### **Dates to Remember**

May 7-9 | KEHA State Meeting, Bowling Green
May 13 | County Homemaker Council Meeting @ 3PM
August 26 | Grayson County Fair Entry Day
August 27 | Grayson County Fair Judging Day
August 27-September 2 | Grayson County Fair
September 1 | Grayson County Fair Pick Up Day

### **Marketing Items Available**

We now have a couple of items that can be used for community events to market the GC Homemakers.

- Large vinyl banner
- Table runner
- · Cups and magnetic chip clips

All items will be housed at the Extension Office. Please arrange a time for pick up before items are needed.

### **Monthly Homemaker Lesson**

The topic for the May monthly homemaker lesson is Understanding Suicide and will be held April 30th. This lesson will be hosted in person at LaRue County Extension Office and a virtual option will be available if you would like to join on your own. More information will be out in the coming weeks.

# **HOMEMAKER NEWS & NOTES**

## - Continued

#### **Extension News**

**Recovering Your Finances** | Financial stress can put individuals in recovery from substance use disorder at risk for return to use. The Recovering Your Finances classes are designed to build financial capability for those in recovery. All are welcome to attend and can benefit from information shared. RSVP by calling (270) 259-3492 or emailing grayson.ext@uky.edu.

Tuesday, April 9 @ 2PM Thursday, April 18 @ 2PM Thursday, April 25 @ 2PM Thursday, May 2 @ 2PM Thursday, May 23 @ 2PM Thursday, May 30 @ 2PM Thursday, June 6 @ 2PM Thursday, June 13 @ 2PM

**Nutrition Education Program - How To: Freezer Meals** | Learn what foods freeze well/which foods don't, how to cook freezer meals, how to double batch cook, watch demonstrations, and sample new recipes with Grayson County Nutrition Educator Robin Burton. Registration is required by calling the office at (270) 259-3492 or emailing grayson.ext@uky.edu. Classes will meet weekly through May. Each week the class will be offered both during the day and in the afternoon.

Wednesday, May 8 | 10-11AM Wednesday, May 8 | 5-6PM Tuesday, May 14 | 10-11AM Tuesday, May 14 | 5-6PM Tuesday, May 21 | 10-11AM Tuesday, May 21 | 5-6PM Tuesday, May 28 | 10-11AM Tuesday, May 28 | 5-6 PM

Best,

FCS Agent, Homemaker Advisor

### OFFICER NOMINATION FORM

Check One:	County	Area
NAME OF NOMINEE		
ADDRESS OF NOMINEE		
Phone	Email	
Nomination for:(check one) Vice-President ( ) Treasurer ( )	President ( ) Secretary ( ) 2 <sup>nd</sup> Vice-President	President-Elect ( ) 1st Vice-President for Program ( ) for Member Resources ( )
Personal Sketch of Nominee: Hobbies		

### Offices Held in KEHA and Number of Years in Each Office:

Offices Held:	<b>Local Club</b>	County	Area	State
President				
Vice President				
Secretary				
Treasurer				
Educational Chairman List:				
Committee Chairman List:				

<b>Other:</b> Community organizations in which offices held), committees served on, awards	received:	
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	To be signed by the Nominee	
Additional comments on this nominee from leadership in Homemakers programs would submitting credentials.)		
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Please do not include any information except this form and do not include additional pages. All information should be included on this form.