



January

Grayson County, Kentucky

4-H CAMP



Monday, July 21st - Thursday, July 24th

\$75

 per youth

*Youth Ages 9-14

*Must be Grayson County

Residents to receive this special price.

\$25.00 Deposit due at the time of registration

Sign up for 4-H Camp!!!

4-H camp is sure to impress. Visit the Extension Office for details. Partial scholarships are available at the need of the individual.

PLEASE DO NOT RETURN FORMS TO SCHOOLS!

West Kentucky 4-H Camp
Dawson Springs, Kentucky

4-H Camp

For more information contact the
Grayson County Extension Service at
(270) 259-3492

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.



Packet: Mailed _____ / In Person _____

Office Use Only:
Date Submitted _____
Amount paid _____
Cash / check # _____
Receipt # _____
Staff Initial _____

Grayson County 2025 4-H Camp Registration Form

Monday, July 21- Thursday, July 24, 2025
West Kentucky 4-H Camp, Dawson Springs, Kentucky

Name: _____
(First) (Last) (I prefer to be called)

Address: _____
(mailing address) (City) (Zip Code)

Birth date: _____ (xx/xx/xxxx) Age: _____ (On July 21, 2025) Gender: ___ Male ___ Female

School: _____ Grade: _____

Have you attended 4-H Camp before? ___ Yes ___ No How many years? _____

I would like to be in a cabin with: _____
(Name- first & last/school/grade of requested cabin-mate)

Parent/Guardian: _____
(Print first and last name(s))

Phone: _____
(Primary # to call) (Additional # to call if needed)

Shirt size (circle one) Y-Medium Y-Large A-Small A-Medium A-Large A-XL

Parent Signature: _____ Date: _____

Return this form to the Grayson County Extension Service at 64 Quarry Rd, Leitchfield KY 42754.

DO NOT RETURN THIS TO SCHOOL!
Camper spots are LIMITED...DO NOT WAIT!!!!

Camper fee is \$75; a \$25 deposit is due at time of turning in registration form, you may pay the full amount up front if desired;

Make checks to Grayson County Extension Office; Memo- 4-H Camp – camper's name.

A packet of additional 4-H camp forms and full information will be mailed after the receipt of this form and deposit.

Call the 4-H office at (270) 259-3492 for additional information.

YES _____ NO _____ Scholarship assistance requested.
If you selected YES: Please indicate how many youth in household will be attending camp: _____
Scholarship recipients will be notified AFTER May 5



Grayson County, Kentucky 4-H

Pecans



Schermer Pecans from Georgia

\$12.00/16oz bag (bags are now resealable!)

**Fancy Mammoth Halves
Medium Pieces**

**STILL AVAILABLE-
WHILE SUPPLIES LAST!**

**We have a limited supply of pecans from Schermer Pecans,
16 oz bags or Medium Pieces or Fancy Mammoth Halves;
now in resealable bags!**

**Call to reserve your bags, orders reserved must be paid for and
picked up within two days of calling.**

NO LARGE ORDERS (i.e. No ordering of cases)

Call:

Grayson County Extension Office at 270-259-3492



Checks can be made out to the
"Grayson County Extension Office".

Check memo: Pecans

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Extension Service**

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2024 national programs of Kentucky Cooperative Extension serve all people regardless of economic or social status, race, ethnicity, gender, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or receipt of prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.



Disabilities
accommodated
with prior notification.

Lexington, KY 40506

KENTUCKY 4-H WRITTEN COMMUNICATIONS CONTEST

The 4-H Written Communications Contest is a state level competition for youth ages 9-18 who have a passion for writing.

Categories include:

Songwriting

Poetry

Original Monologue

Press Release

Public Service Announcement

"What 4-H Means to Me" Essay

Infographic



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service
4-H Youth Development

Contact your county 4-H Agent
for more information

-Junior Class: ages 9-13 (age as of 1/1/25)

-Senior Class: ages 14-18 (age as of 1/1/25)

-Each writing piece must be original

-Entries due 4:30 CST on Friday,

January 17, 2025

-Electronic document required. Additional documents required
(contact agent for more info)

-email to Kindra.ewing@uky.edu

For more information, please call 270-259-3492

JANUARY 2025

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins: <http://fcs-hes.ca.uky.edu/content/health-bulletins>

Grayson County
Extension Office
64 Quarry Road
Leitchfield, KY 42754
(270) 259-3492



THIS MONTH'S TOPIC

DON'T LET THE COLD KEEP YOU IN

There is so much fun to have playing outdoors, even in the cold! If you are dressed for the weather, there is no reason to let wintertime end your outdoor fun. There are some games and activities that are more fun, or only possible, in the winter.

Dress for the weather

- If it is wet, wear:**
- rain boots;
 - rain jacket and pants; or rain suit.
- If it is cold, wear:**
- layers of tops and bottoms to stay warm,
 - a coat,



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- hat,
- gloves,
- socks,
- shoes like sneakers or boots.

If it is snowy, or both wet and cold, wear outer layers to keep you dry and inner layers to keep you warm. A snowsuit or coveralls may be helpful.

Looking for some fun ways to play outside this winter? Try these!

Igloo building: Frozen fun in low temperature.

- **You'll need:** Clean plastic containers (food-storage tubs like cottage cheese, yogurt, etc.)
- **What to do:** When it is below 32 degrees, fill the containers with water and set them outside to freeze. When they are frozen solid, peel away the cartons or dip the plastic containers in warm water to free the ice block. While wearing mittens or gloves to protect from the cold ice, stack and build with the ice blocks to form buildings or other desired shapes.

Snow olympics: Gather your siblings and friends for some cold competitions.

- **Long Jump:** Draw a starting line in the snow. Everyone stands at the starting line and jumps as far as they can. Compare footprints to see who jumped the farthest.



- **Snowball Throw:** Everyone forms their own snowball and stands at a starting line to see how far they can throw their snowballs.

- **Snow Pile Hurdles:** Make piles of snow in a line, with spaces in between. Everyone will run through the area jumping over the piles as they come to them. You can do this as a race or a timed event and compare times.

Snow pies: Create a natural masterpiece for outdoor creatures to enjoy.

- **You'll need:** Clean aluminum pie pans or some sort of flat round container for each person, sandbox toys like small shovels or scoops, and natural materials like sticks, leaves, berries, nuts, pine cones or birdseed.
- **What to do:** Use sand toys to create your own nature snow pies in the aluminum pie plate or other container. Decorate or layer snow with natural materials to make a masterpiece. Leave your pie out for wild creatures such as squirrels or birds to enjoy, as well!

REFERENCE:

<https://extension.psu.edu/programs/betterkidcare/content-areas/environment-curriculum/activities/all-activities/outdoor-play-on-winter-days>

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CLUB NEWS

Dog Club

Dog Club will take a break November and December for the holiday's and pick back up in January on a new night. The third Thursday's following Wild at Art.

Shooting Sports

Meetings and practices are wrapped up until after Spring Break with the weather turns warmer and days get longer.

No meetings until after Spring Break 2025

Home School Club

No December meeting.

SET Club

No December meeting.

Livestock Club

Meeting will be January 7 at 5:00 in Room A of the Extension Office. Please enter at the back of the building.

If anyone has questions or needs assistance, please contact Hope.

Wild at Art Club

Next meeting is January 16 at 4:00 in the Project Room of the Extension Office. Please park at the back and enter at the back door of the building.



Don't forget to request to join the Facebook group:

[Grayson County Kentucky 4-H](#)

Also follow:

[Grayson County 4-H Shooting Sports](#)

[Grayson County 4-H Livestock Club](#)

[Grayson County KY Cooperative Extension](#)

Winter Weather Advisory

Winter weather is upon us which means school cancellations. If school is cancelled, ALL 4-H meetings will be cancelled for that day. If there are meetings on the weekends and winter weather hits, contact your club leader for meeting information. If school lets out early, club meetings will be cancelled as well. In the event of bad weather after school, for evening meetings, contact your club leader for information.



Kindra Ewing Jones

Grayson County Extension Agent for 4-H Youth Development

January clubs & programs at a



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7 • Livestock 5:00	8	9	10	11
12	13	14	15	16 • Wild at Art 4:00	17	18
19	20 MLK Jr Day Extension Office Closed No School	21	22	23	24	25
26	27	28	29	30	31	