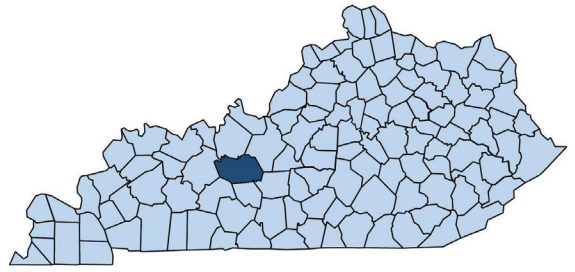


REPORT TO THE PEOPLE

Grayson County 2022



DID YOU KNOW?

Grayson County is nicknamed Twin Lakes because two man-made lakes border on it's north and south end!



Website: grayson.ca.uky.edu



<https://facebook.com/grasyoncountycs/>



<https://www.youtube.com/@graysoncountycooperativeex5788>

For More Information, Please Contact us at:

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4-H Youth Development



"Yarn Fusion" was the winner of the Shark Tank Contest in the Everyday Entrepreneurs program.

365

Number of youth who practiced financial decision-making skills as a result of what they learned in 4-H

94

Number of youth who received education related to diversity and inclusivity.

Family and Consumer Sciences

Poverty is one of the many barriers individuals and families face in Grayson County. And along with poverty, many other barriers keep people from getting, or even seeking, the help they need. With this information in mind and based on the experiences of several community partners, a group of people came together to form the Grayson County Poverty Coalition. The mission of this group is to promote awareness of the various resources available in our community and help reduce, or remove, the barriers that prevent people from utilizing such resources. The first step in making this happen was to plan a Community Resource Fair. The event was held at the Grayson County Extension Office and hosted 30+ vendors from in and around our community. Vendors that are not typically in the same room came together to provide an all-inclusive experience for participants. A large crowd of 181 people came through the Extension Office to participate in what the Resource Fair had to offer. We will never truly know the impact that was made on individuals that visited vendors. Surveys indicated that 119 people considered it was a successful event.

Grayson County 4-H Agent and community volunteer began a new series group called 4-H Everyday Entrepreneurs for 4-H aged youth interested in business development and marketing. The purpose of this group was to teach youth what is an entrepreneur, development of a business and business model, and marketing and branding of the business and products. The series group met monthly from September through April of program year 2022. The group began with 8 youth with business ideas that ranged from handmade crochet/knit items, to homemade pickles, to goat by-products. By the end of the program, the youth had an opportunity to present to a 'Shark Tank' panel of three community business representatives. While only one youth completed the program and business plan from beginning planning to present to the panel, all youth learned business basics and concepts for developing their own yarn/crochet business. She sells her items primarily at the local farmers market and has become a paid member/vendor of that organization.



Over 30 vendors attended the first resource fair.
Over 180 people received resource information.

50

Number of individuals who gained knowledge related to financial management.

3000

Number of hours Kentucky Extension Homemakers volunteered in COMMUNITY activities and events.

Agriculture and Natural Resources



First responders learned how to use the Great Wall grain entrapment equipment.

25

Number of people who used Extension resources for marketing, pricing, and/or advertising local foods.

200

Number of people who applied Extension recommendations for soil fertility

Nutrition Education

Grayson County, KY ranks high among adult diseases. It has been reported that there is a 35% prevalence of hypertension among the residents of our county. There is an 18% prevalence of diabetes in our county. Also, 34% of adults report they have less than good health. All of these health issues can be related to poor nutrition. The Nutrition Education Program Senior Assistant (NEP) from Grayson County, KY taught a series of classes at the Grayson County Extension Office; the series was called "Cooking through the Calendar." The NEP Assistant utilized the Nutrition Education calendar which features a nutritious recipe each month. Nutrition classes were taught using the "Healthy Choices for Every Body" curriculum; and the recipe from the calendar was prepared and sampled by the participants at each class. There are currently twenty-one members enrolled in this program. Out of the 21 participants, thirteen graduated the program so far. The post tests revealed that there was a 90% improvement in food safety; a 69% improvement in individuals exercising more; and a 51% improvement in food resource management.

Grayson County Agriculture & Natural Resources agent worked alongside the Grayson Co. Fire Chiefs to develop a Grain entrapment training for the county. With help of the local first responders, and fire commission, the Grayson County Extension office held a 2 part session for volunteer fire and rescue and farmers. The first session was held in collaboration with KY Department of Agriculture Farm Safety Director and KY Fire commission. Participants were able to watch Silo the Film and learn about the dangers of grain entrapment. The second session was a hands-on training at a local fire station where first responders from each department were trained hands on proper grain extraction. Working with Grayson Co. Farm Bureau, Grayson County Extension, Grayson County Soil Conservation and KADF, they developed a plan to get the entire cost paid for with cost share from Ag Development funds and donations from the entities. Through the grant funds, they were able to secure 7 turtle tubes and a Great Wall grain entrapment tool to be dispersed at each volunteer fire department.



Promotional materials for Cooking Through the Calendar were distributed through the county.

30

Number of individuals who demonstrated safe food handling and preparation and/or preservation of food.

45

Number of individuals who reported improved knowledge, opinions, skills, or aspirations regarding the safe storage, and handling.

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- *25,300 individuals reported improved knowledge regarding disaster preparedness (such as emergency kits, daily needs for survival, damage assessment).*
- *1,131 business retained or expanded (including new market opportunities).*
- *3,033 people incorporated technology to effectively manage farm operations.*
- *4,161 Kentuckians participating in community trail projects.*
- *2,320 individuals gained increased knowledge of how to respond to mental health concerns.*

COOPERATIVE EXTENSION



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