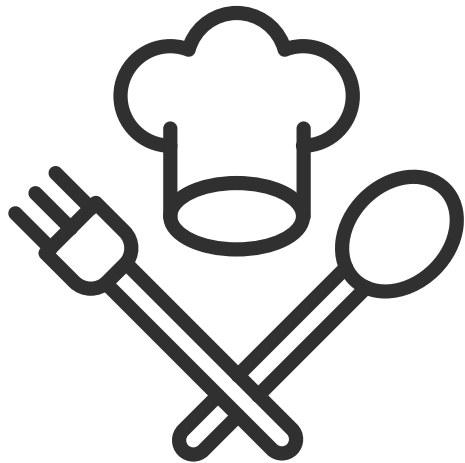


LifeSkills Academy

Adaptive Cooking for Adults

Ages 16+ with Special Needs



- ☒ Learn basic cooking skills
- ☒ Explore kitchen safety
- ☒ Hands on learning
- ☒ Follow simple recipes

On the Menu: Fun + Simple Recipes

LifeSkills Academy is all about helping individuals gain independence through real-world skills. Open to special needs adults age 16+ with intellectual or developmental disabilities and their caregivers. Class size is limited. Pre-registration is required. Caregivers must attend.

Tuesday | July 22 | 11am CT

Grayson County Extension Office

64 Quarry Road, Leitchfield

Register online at grayson.ca.uky.edu/events or call the Extension Office at 270-259-3492

**Cooperative
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Lexington, KY 40506



Disabilities
accommodated
with prior notification.



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