



Free for youth ages 12-16

2019 Summer Cooking Savvy

The Art of Baking

Join us this summer for our exciting curriculum! Baking is an art that allows you to combine special ingredients to create delicious and nutritious foods with various tastes and textures. Teens will learn:

- How to read recipes
- How to read nutrition labels
- Measuring skills
- How to cook Quick Breads, Cookies, Cakes, Pies, and Cobblers

Friday, July 12

Friday, July 19

Friday, July 26

Classes will be held from 10:30 a.m. to 12:30 p.m. at the Grayson County Extension Office

123 Commerce Drive | Leitchfield, KY 42754

Advanced registration is required, so call today and save your spot!

All classes will be taught by:

Robin Felix

Nutrition Education Program Assistant

robin.felix@uky.edu

Grayson County Extension Service

123 Commerce Drive | Leitchfield, KY 42754

Call to register today!!! (270)259-3492

Be sure to register by July 5th!!!

