

Piecing together



2019

The piecing it together program is designed to build strong families in our community through interactive, educational sessions. Classes will focus on making healthy lifestyle choices, accessing nutritious foods, community and personal leadership skills, nurturing families, building healthy homes and communities, financial stability, and healthy aging.

For additional information and to sign up for one or all classes contact the Extension Office TODAY!

What's Your Money Habit?.....	August 20
Where Does Your Money Go? Part 1.....	September 10
Where Does Your Money Go? Part 2.....	September 17
Ins & Outs of Credit.....	October 8
The Adolescent Brain.....	October 24
Creating & Maintaining Family Traditions.....	November 7

Classes will be held from 5:30 p.m. - 7:00 p.m.
All are encouraged and welcome to attend!

Grayson County Extension Office

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Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification



College of Agriculture,
Food and Environment
Cooperative Extension Service

CLASS SCHEDULE

All classes will be held from 5:30 p.m. - 7:00 p.m.
at the Grayson County Extension Office.

Date: August 20, 2019

Topic: What's Your Money Habit?

Description: Learn what your attitude and habits are about spending, saving, and borrowing money. Do you need a money attitude adjustment?

Date: September 10, 2019

Topic: Where Does Your Money Go? Part 1

Description: Ever asked yourself this question? Seem like your money never goes as far as it should? Come find out where it might be going!

Date: September 17, 2019

Topic: Where Does Your Money Go? Part 2

Description: Get to work! Start a personalized monthly budget for your money! Set goals and start planning for future expenses.

Date: October 8, 2019

Topic: Ins & Outs of Credit

Description: What exactly is credit and why does it even matter? Come find out by playing The Good Credit Game! You'll even learn ways to increase your credit score and how to check your credit score.

Date: October 24, 2019

Topic: The Adolescent Brain

Description: Confused by your adolescent's actions or decisions? Come learn about adolescent brain development and get some answers!

Date: November 17, 2019

Topic: Creating and Maintaining Family Traditions

Description: Traditions help build strong families. They create a sense of connection and closeness in addition to emotional safety, security and stability. Come learn how you can create more meaningful traditions with your family.

Must have 5 or more registered or class will be cancelled.



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College of Agriculture,
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Cooperative Extension Service



For more
information and to
register contact
the Grayson
County Extension
Office today!
270-259-3492

