



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

"Around the World in Your Own Kitchen"



Come join us for our 4th Series of
Healthy, Nutritious Foods from Around the World

We will be exploring healthy cuisine from El Salvador, Germany, Venezuela, & Thailand

Travel the world & learn about the customs & cuisine of El Salvador, Germany, Venezuela, & Thailand. These fun & exciting classes are the 4th series of International cuisine, in which we'll explore healthy foods from each of these countries! Join Nutrition Educator, Robin Felix, as she introduces you to some wonderful new tastes with recipes, food demonstrations & food sampling! Don't forget to call & register in advance!

Schedule of Sessions – Held at 5:00 p.m.

2019

Country	Date
El Salvador	June 4 th
Germany	June 11 th
Venezuela	June 18 th
Thailand	June 25 th

All classes are free!

Free gift in Each class

All classes will be taught by:

Robin Felix

Nutrition Education Program Assistant

robin.felix@uky.edu

Brought to you by:

Grayson County Extension Service

123 Commerce Dr.

Leitchfield, KY

270-259-3492



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