

FREE CLASS

Fabulous FUN FOODS



----- Grayson County Cooperative Extension -----

Tired of the same old recipes? Learn a few easy tricks and lots of new recipes to make food more appealing to you and your family. Food can be fun and fabulous!

- WEDNESDAY, AUG. 21.....SPICED UP SANDWICHES
- WEDNESDAY, AUG. 28.....SOUPED UP SALADS
- WEDNESDAY, SEPT. 4..... EXCELLENT ENTREES
- WEDNESDAY, SEPT. 11.....FANTASTIC FRUITS
- WEDNESDAY, SEPT. 18.....VIVACIOUS VEGETABLES
- WEDNESDAY, SEPT. 25.....TO DIE FOR DESSERTS

All classes will be held at the Grayson County Extension Office.

CLASS TIME: 5:00 P.M. - 6:00 P.M. CST

All classes will be taught by:

ROBIN FELIX

Nutrition Educator

robin.felix@uky.edu

Grayson County Extension Service

123 Commerce Drive | Leitchfield, KY 42754



**SPACE IS LIMITED. ADVANCED
REGISTRATION IS REQUIRED!
CALL TODAY AND SAVE YOUR
SPOT! (270) 259-3492**



Disabilities
accommodated
with prior notification.

